

January/February/March 2024

Edna Burton Senior Center

Late Bloomers



345 Ball Street • P.O. Box 929 • Ortonville, MI 48462-0929

Phone: (248) 627-6447 • Fax: (248) 627-1067

Website: www.brandontownship.us—Click on “Senior Center” link.

The Senior Center is located at the corner of Ball and Cedar Streets.

Healing Thoughts

Gladys Johnson

Angela Glavan

Richard Noell

Barb Gerber

Focus Hope & Commodities

Focus Hope—Jan. 5, Feb. 2, Mar. 8

Commodities—Mar. 8

Shopping Trips

Bueche's—Jan. 22, Feb. 23, Mar. 12

Grand Blanc Walmart—Jan. 12, Jan. 30, Feb.
29, Mar. 21

Oxford Meijer's—Jan. 18, Feb. 8, Mar. 28

Sashabaw Rd. Kroger—Jan. 2, Feb. 12, Mar. 8

January Menu

1. CENTER CLOSED—NEW YEAR'S DAY; 2. Chicken w/Broccoli & Cheddar; 3. Baked Ham; 4. Stuffed Shells w/Meat Sauce; 5. Pollock; 8. Stuffed Pepper; 9. Chicken Cacciatore; 10. Sloppy Joes; 11. Roasted Turkey w/Gravy; 12—Beef Mostaccioli; 15. CENTER CLOSED—MARTIN LUTHER KING DAY; 16. Roast Pork Loin; 17. Chicken & Biscuit; 18. Italian Ravioli; 19. Sweet & Sour Chicken; 22. Macaroni & Cheese; 23. Chicken Florentine; 24. Italian Lasagna; 25. Pizza; 26. Rosemary Chicken Breast; 29. Salisbury Steak; 30. Stuffed Green Pepper; 31. Chicken Kiev

February Menu

1. Hamburger on Bun; 2. Tuna Tetrazzini; 5. Vegetable Lasagna; 6. Spaghetti w/Meat Sauce; 7. BBQ Chicken on Bun; 8. Beef Stew w/Veg. & Potatoes; 9. Turkey Breast w/Gravy; 12. Baked Pork Chop; 13. Smothered Chicken; 14. Tuna Tetrazzini; 15. Pizza Supreme; 16. Oven Baked Fish; 19. CENTER CLOSED—PRESIDENTS' DAY; 20. Meatloaf w/Gravy; 21. Baked Ham; 22. Chicken Cutlet w/Gravy; 23. Tuna Pasta Salad; 26. Sweet & Sour Chicken; 27. CENTER CLOSED—ELECTION DAY; 28. Spaghetti & Meatballs; 29. Ham Salad

March Menu

1. Herb Baked Chicken; 4. Smothered Pork Cutlet; 5. Chicken Lasagna; 6. Turkey w/Gravy; 7. Mostaccioli w/Meat Sauce; 8. Baked Cod; 11. Swedish Meatballs; 12. Stuffed Green Pepper; 13. Low Sodium Ham; 14. Pork Chop Creole; 15. Macaroni & Cheese; 18. Salisbury Steak; 19. Cheesy Ham Casserole; 20. Smothered Pork Cutlet; 21. BBQ Chicken; 22. Cod; 25. Meatloaf w/Gravy; 26. Chicken w/Broccoli & Cheddar; 27. Baked Ham; 28. Stuffed Shells w/Meat; 29. CENTER CLOSED—GOOD FRIDAY

NOTE: PLEASE NOTE: TO RESERVE A LUNCH PLEASE CALL BY 9am THE DAY BEFORE. IF YOU ARE RESERVING A LUNCH FOR MONDAY, PLEASE CALL BY 9am ON FRIDAY. PLEASE COME AND ENJOY GOOD FOOD AND WONDERFUL CONVERSATION WITH OTHER SENIORS.

PLEASE NOTE: MENU IS SUBJECT TO CHANGE WITHOUT ADVANCE NOTICE. SORRY FOR ANY INCONVENIENCE.

LUNCH IS SERVED AROUND 11:45am. THE SUGGESTED DONATION IS \$3.00 FOR OVER THE AGE OF 60 AND \$4.00 FOR UNDER THE AGE OF 60.

January Birthdays

1—Marion Blair; 10—Carolyn Sumner; 11—John Akram; 13—Michelle Walker; 14—Klaus Jankowski; 23—Peter Coffel; 27—Clay Elliott; 28—Jim Cherry; 30—John Loftus

February Birthdays

4—Sandra Putnam; 8—Gladys Johnson; 11—Michael Apostoll; 12—Richard Noell; 25—Elicia Smith

March Birthdays

6—Ginger Holstein; 8—Roger Threet; 14—Debbie Broecker; 16—Carol Semmens; 21—Irene Delasko; 22. Kathleen Labor, Patricia Lewis; 28. Ron Lepper; 31. Carol Fisher

If you don't see your birthday listed, and you would like to have it in our newsletter, please call the center and give them your name and your birthdate.

Are you aware that you can rent the Senior Center for a party? Below is a list of the regulations that must be followed when renting the center. If you wish to reserve a date or find out more information about renting the Senior Center, please call 248-627-6447.

Brandon Township and the Edna Burton Senior Center (EBSC), in an effort to serve it's residents, allows the facility to be reserved on a first come, first served basis regardless of race, sex, creed, or color for functions and activities in conjunctions with the following usage policy, rules, and regulations.

Reservations are made through the Senior Center Coordinator. The building may be used for private parties, showers, birthdays, anniversary parties, etc. It cannot be used for a business enterprise or for any "for profit" activity.

Persons securing a reservation must be 21 years of age or older and must be present during rental. The Coordinator's office and library are not included in the rental.

We have a fairly new remodeled kitchen that includes: industrial size refrigerator, freezer, 4 ovens, 1 stove top, an ice maker, and a 4 well steam table. All of these items are available for your use.

For Brandon Township, Village of Ortonville, Ortonville, and Groveland Township residents the cost is \$75.00 for rental and a \$75.00 refundable deposit. Approximately 21 days after the rental if everything is cleaned and nothing broken or lost, the refundable deposit of \$75.00 will be returned to you in the form of a check from Brandon Township.

The use of any alcoholic beverages, marijuana, or illegal drugs is prohibited on the property. Tobacco usage will be allowed in outside designated areas only. Smoking is not permitted on any of the porches.

For a full set of rules and regulations please visit the website or contact the senior center at 248-627-6447. The rules and regulations above are a condensed version.

NEW AND UPCOMING TRIPS

Friday, Jan. 5—Bingo at Bingo City (Waterford). Bus leaves at 4:30 and returns around 11:00. We will be stopping at Clarkston MacDonald's to eat (on your own). Cost is \$4.00 per person for transportation only.

Tuesday, Feb. 6—Henry Ford Museum. Bus leaves at 9:30 and returns around 4:00. Cost to be determined. Lunch at Henry Ford Museum (on your own).

Saturday, Mar. 23—Red Barn Auction. Bus leaves at 4:30 and returns around midnight. Cost is \$4.00 per person. Dinner at Red Barn Auction (on your own).

I realize that there are only 3 special trips scheduled, but with the it being winter I thought it was best to keep them at a minimum. I really hate to have to cancel trips.

Even though there are only 3 special trips scheduled, we have all kind of shopping trips to grocery stores and starting this year we will be going to thrift stores and discount stores approximately 2 times per month. I have had a lot of requests for shopping trips to thrift and discount stores. There are lots of discount and thrift stores that are near each other so we will be doing 2 stores each time we take one of these trips.

VAN TRANSPORTATION - Serves seniors 55 or older and adults (18 and older) with disabilities living in Brandon and Groveland Townships. Transportation is available for appointments, with medical appointments a priority. Call the EBSC two (2) days prior to request transportation. **Your suggested donation varies by destination.**

MEALS ON WHEELS - Hot meals are available for homebound seniors and the disabled Monday to Friday. If you or someone you know needs a hot lunch delivered, please contact the Older Person's Commission (OPC) at 248.608.0264.

FOCUS HOPE - The Focus Hope Food for Seniors program provides free food to those 60 years of age or older on the second Thursday of each month. Eligibility is determined by income. Please call the Edna Burton Senior Center for an application. Please check dates on front page to verify the day that it will be available.

COMMODITIES - Food for senior citizens and low income individuals is available the second Friday of March, June, Sept., and Dec. Please come to the Edna Burton Senior Center to sign up.

Senior Citizen Websites:

www.miseniors.net

Michigan access to services for seniors

www.aarp.org

American Association of Retired Persons

www.ssa.gov

Social Security Online

www.hcam.org

Health Care Association of Michigan

www.aoa.gov

Administration on Aging

www.brandontownship.us

Brandon Township and Edna Burton Senior Center

www.seniorark.com - A Volunteer Site By Seniors,
For Seniors

www.alz.org—Alzheimer's Association Help

Loan closet.org – click on county for help finding medical equipment available for loan near you.

DISCOUNT DENTAL PROGRAM

Oakland County Dental Program

Oakland County Health Division

1200 North Telegraph Road

Building 34 East

Pontiac, MI 48341-0421

248-858-1306

LOW COST HOME IMPROVEMENTS

LOANS - Low to 0% loans are available for home improvements. Also, there is a free down payment program for first time buyers. Call Oakland County Community & Home Improvement Division at 248-858-5402 for details and application.

ELDER LAW OF MI, INC. - Nonprofit, this is the Legal Hotline for Seniors 1.800.347.5297 - Elder Law Answers - National Network - Elder Law Information about Medicare planning and nursing home rights. Find lawyers nationwide at <http://www.elderlawanswers.com>. Elder Link Services (phone service connects older adults, their families and other interested parties to information and referrals for older adult services. Phone: **248.592.2240**

Address: **655 W. Maple Rd.,**

West Bloomfield, MI 48322

Mannor Law Group, PLLC—810.645.8426

Counsel & Advocacy Law Line



MIRx Prescription Savings Program

Who qualifies: All Michigan residents without prescription drug coverage

Income restrictions: Income must be at or below the state's median income, \$27,936 an individual or \$37,470 a couple

The deal: Show your discount card at participating pharmacies for discounts ranging from 5% to 20%

Cost to join: none

For more details or to apply: Call 1.866.755.6479 or visit the program's website at www.michigan.gov/mdch



Weekly Activities at the EBSC



Phone: 248.627.6447 Email FBindig@brandontownship.us

Hot Lunch—Provided weekdays by the Older Person's Commission (OPC).

Card Games - Every morning at 9am join us to play "31"/Tonk.

Bingo— Wednesdays at 1pm.

Euchre—Every Tuesday night at 6:30pm

Tech Help—1st & 3rd Tuesday's of every month from 2:30pm—3:30pm

Clubs

Acrylic Painting Class – 3rd Monday of every month from 1:00 to 3 pm.

Ortonville Sewing Club still meets on Tuesdays, 11:30am to 3pm., supporting the troops and Veterans. Interested parties can come in or call the senior center at 248-627-6447.

Knitting & Crocheting—every Thursday from 11:30am to 3pm.

Additional Activities

Exercise Class—Every Monday and Thursday from 1 pm to 2 pm. The classes will be at no charge.

Foot doctor—Dr. Tabak—Tuesday, February 20. Appointments start at 9:30am—please call to reserve a spot with Dr. Tabak.

Daily Events and Times

MONDAY – EXERCISE CLASS—1PM—2PM

TUESDAY – ORTONVILLE SEWING CLUB – 11:30AM, EUCHRE—6:30PM

WEDNESDAY – BINGO – 1PM

THURSDAY – KNIT & CROCHET CLUB – 11AM – 3PM, EXERCISE CLASS—1PM—2PM

MONTHLY EVENTS & TIMES

1st THURSDAY -BOARD MEETING - 12:15PM (February through May))

3rd MONDAY – ACRYLIC ART CLUB – 1PM

3rd FRIDAY—NIGHT TIME BINGO—DOORS OPEN AT 5:30PM/GAMES START AT 7PM

PLEASE MAKE SURE YOU SIGN-UP IN ADVANCE FOR THE ART CLASS. SIGN-UP SHEETS ARE ON THE WALL AT THE SENIOR CENTER OR YOU CAN CALL THE SENIOR CENTER AT 248-627-6447.

Access the Late Bloomers newsletter online at www.brandontowship.us. Click on the “Senior Center” link.



Medical Loan Closet - The Edna Burton Senior Center in co-operation with the Brandon Township Fire Dept. has durable medical equipment, such as walkers, crutches, wheelchairs, and bath stools available for loan. Please return them clean and in proper working order.



Upcoming Trips and Activities



- Jan. 1—CENTER CLOSED (NEW YEAR'S DAY)**
Jan. 2—Library tech help—2:30pm-3:30pm
Jan. 5—Bingo at Bingo City—bus leaves center at 5pm
Jan. 15—CENTER CLOSED (MARTIN LUTHER KING DAY)
Jan. 16—Acrylic Paint Class—NOTE SPECIAL DAY
Jan. 16—Library tech help—2:30pm-3:30pm
Jan. 19—Friday night Bingo—doors open at 5:30pm games start at 7pm
Feb. 6—Henry Ford Museum trip—time and cost to be determined
Feb. 14—Special Valentine's Day lunch—Spaghetti, Cole Slaw, Garlic Bread, Red Velvet Cupcakes
Feb. 16—Friday night Bingo—doors open at 5:30pm games start at 7pm
Feb. 19—CENTER CLOSED—(PRESIDENTS' DAY)
Feb. 20—Acrylic Paint Class—NOTE SPECIAL DAY
Feb. 20—Library tech help—2:30pm-3:30pm
Feb. 20—Dr. Tabak at center (foot doctor)
Feb. 27—CENTER CLOSED (PRIMARY ELECTION DAY)
Mar. 7—AARP Taxes
Mar. 7—Meet & Greet with Fire & Police—6pm-9pm
Mar. 14—AARP Taxes
Mar. 15—Friday night Bingo—doors open at 4pm games start at 7pm—Special St. Patty's Day Dinner—Beef Stew, Corn Muffin, and Irish inspired Cupcakes
Mar. 18—Acrylic Paint class
Mar. 21—AARP Taxes
Mar. 22—Red Barn Auction trip
Mar. 29—CENTER CLOSED (GOOD FRIDAY)



For your Information



Just a little reminder about winter weather, road conditions, and transportation. If you are a passenger on one of our buses please make sure that our bus is able to get into your driveway. Please have your sidewalk/walkway cleared of snow and ice so that you can safely get on the bus. Also if there are any low hanging tree limbs please have them removed so that they are not hitting the roof of the bus. We will also be scheduling pick up times for a little earlier than we do in the other seasons. Sometimes the roads and weather can get a little nasty and we want to make sure that we get you to your appointment on time.

If you are someone that is coming in for an activity at the senior center and the weather doesn't look that great or bad weather is forecast, please call the center to make sure that that activity is still taking place.

There may be times when the senior center is closed due to bad weather or bad road conditions. If this is the case I will post this information on all of the Ortonville Facebook sites—so please make sure to check them out. (Ortonville Strong, Ortonville Neighbor helping Neighbor, etc.)

I know that we all want to see our friends and attend the activities at the senior center but we also want to keep you safe. If the weather/roads are bad, the center may be open but we may not have transportation service. Please always err on the side of caution and keep yourself safe—you can always come to the center the next day to see your friends.

Coordinator's Corner

I hope everyone had a wonderful holiday season. Looking into next year, we will be going on some exciting trips and also some new shopping trips. We are going to start going to Thrift stores, Dollar stores, and Discount stores on a regular basis. For dates and destinations please see the section “Events you won’t want to miss”.

Our Thanksgiving and Christmas Dinners were both a huge success with a lot of attendees. I hope to see even more people at these events in 2024. These dinners could not have taken place with out Gayle, Kim, Linda, Stacie, and Tony. They all helped out with both dinners (and even helped clean up).

A lot of our activities are starting to get back to the number of attendees prior to COVID. We have instituted some new programs (Tuesday night Euchre) and in the spring I am hoping to start a weekly walking program and also weekly Corn Hole games. There is also the new Pickle Ball court where the skate park used to be. I actually tried it and it was kind of fun. Much easier on your body than tennis.

One of the programs that will be changing in January, is our Friday night Bingo game. Instead of 10 regular games we will be cutting out 2 games (we will still have 2 jackpots). I thought about this for a long time and decided this was our best way of keeping the cost the same as it is right now. This would also alleviate the need to cut prizes if we didn’t have enough people in attendance.

Winter is approaching fast, so stay warm and stay safe.

USDA NONDISCRIMINATION STATEMENT

DATED OCTOBER 14, 2015

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

This institution is an equal opportunity provider.

Center Coordinator: Faye Bindig
Van Drivers: Gayle, Linda, Tony
Township Clerk: Roselyn Blair
rblair@brandontownship.us

Brandon Senior Center Auxiliary Board

Chairperson: Corky Loftus
Co-Chairperson: Linda Person
Secretary/Treasurer: Arlene
Willoughby

Trustees: Stephanie Baskin
Klaus Jankowski

The Board meets on the first Thursday
of Jan.-May, & Sept.-Nov. at 12:15pm

Miscellaneous Numbers

Social Security	800.772.1213
City Nurse, Pontiac/Oakland	248.683.1770
Medicare Hotline	800.365.5899
Lighthouse North	248.920.6100
Oakland Livingston Human Service Agency (OLHSA)	248.209.2600
Older Person's Commission (Hot lunch meals delivered)	248.608.0264

Local Numbers

Brandon Fire Department	248.627.4000
Sheriff - Substation	248.627.4911
After 5:00 PM	248.858.4911
Supervisor Jayson Rumball	248.627.4918
Clerk Roselyn Blair	248.627.2851
Treasurer Scott Broughton	248.627.2853
Building Dept.	248.627.4916
Recreation John Hug	248.627.4640
Faye Bindig EBSC Coord.	248.627.6447
Brandon Twp. Public Library	248.627.1460

Individuals and organizations may make contributions which help ensure continuance of programs and services. Donations should be forwarded to the Brandon Senior Auxiliary Board. The Township of Brandon does not discriminate against any employee, applicant for employment, or recipient of service pursuant to the Federal Civil Rights Act of 1964, the Elliott-Larson Civil Rights Act, the Michigan Handicappers Civil Rights Act and Section 504 of the Federal Rehabilitation Act of 1973.

Our programming efforts are funded through the Federal Older Americans Act state funds from the Area Agency on Aging 1-B through the Office of Services to the Aging. The Edna Burton Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 Equal Opportunity Employer Program. Reasonable accommodation will be provided upon notification or request.

Get the Late Bloomers Newsletter By Email

To enroll, just send an email with your first and last name to this address: srctrnewsletter@aol.com. By sending your email to this address your email address will be sent also. If your spouse wants a separate copy, please enclose his or her address. Your bi-monthly Late Bloomers newsletter will be immediately emailed to you. The emailed version usually arrives before the one mailed through the post office.



Government Websites

Brandon Township-<http://www.brandontownship.us>
Groveland Township-
<http://www.grovelandtownship.net>
Ortonville Village—www.ortonvillevillage.com
Oakland County-<http://www.oakgov.com/index.html>
Oakland County Seniors-
<http://www.oakgov.com/seniors>
OLHSA-Older Adult Services
http://www.olhsa.org/oak_older_adult_services.asp
Michigan State-<http://www.michigan.gov>
Winter Protection help for Michigan Seniors-
<http://www.michigan.gov/miseniors>
Oakland County Veterans Services-
<http://www.oakgov.com/veterans/orcall> 248-858-0785

Events **You**

Won't Want to Miss!!!

Monday, Jan. 1—CENTER CLOSED

Tuesday, Jan. 2—Library at center for tech help

Monday, Jan. 15—CENTER CLOSED

Tuesday, Jan. 16—Acrylic Paint Class (note date change)

Tuesday, Jan. 16—Dollar General & Goodwill (Goodrich) trip

Tuesday, Jan. 16—Library at center for tech help

Friday, Jan. 19—Friday night Bingo

Friday Jan. 26—Dollar Tree & Dollar General (Ortonville) trip

Friday, Feb. 2—Ollies & Dollar Tree (Waterford) trip

Tuesday, Feb. 6—Henry Ford Museum trip

Tuesday, Feb. 6—Library at center for tech help

Wednesday, Feb. 14—Special Valentine's Day Lunch

Friday, Feb. 16—Friday night Bingo

Monday, Feb. 19—CENTER CLOSED

Tuesday, Feb. 20—Acrylic Paint Class (note date change)

Tuesday, Feb. 20—Salvation Army & Goodwill (Oxford)

Tuesday, Feb. 20—Library at center for tech help

Tuesday, Feb. 20—Dr. Tabak (foot doctor) at center

Tuesday, Feb. 27—CENTER CLOSED

Friday, Mar. 1—Ollies & Dollar Tree (Waterford) trip

Thursday, Mar. 7—AARP Taxes

Thursday, Mar. 7—Meet & Greet with Police & Fire Departments

Thursday, Mar. 14—AARP Taxes

Friday, Mar. 15—Friday night Bingo—Special St. Patty's Day Dinner

Monday, Mar. 18—Acrylic Paint Class

Tuesday, Mar. 19—Hailey James Consignment & Salvation Army (Clarkston)

Thursday, Mar. 21—AARP Taxes

Saturday, Mar. 23—Red Barn Auction

Friday, Mar. 29—CENTER CLOSED

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345 Ball Street, P.O. Box 929, Ortonville, MI 48462-0929
Phone 248.627.6447 Fax 248.627.1067
Website: www.brandontownship.us – Click on “Senior Center” link

**PRESORTED STANDARD
U.S. POSTAGE PAID
ORTONVILLE PERMIT NO. 85**

**RETURN SERVICE
REQUESTED**

New skills-building platform offered for family caregivers

The Area Agency on Aging 1-B is offering Trualta, a free online platform designed to help family caregivers navigate challenges, find local resources, and connect with other caregivers.

Trualta’s learning modules, on subjects ranging from handling a loved one’s resistance to taking medications to managing pressure wounds, to taking care of oneself, can be read, listened to or watched. There are resources, articles, checklists, videos, quizzes, and webinars to choose from. There is a chat function so caregivers can learn from each other and support groups that welcome participation.

To use Trualta, the family caregiver and/or the older adult (60 and older) must live in one of the six counties served by AAA 1-B (Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw).

To sign up, visit aaa1b.trualta.com. You’ll be asked to answer a few eligibility questions and to create a login to enter the platform.

For additional information or questions, call 833-262-2200 or email trualta@aaa1bb.org.